

# Knitted Flowers

## Abbreviations

K	Knit
Ktbl	Knit into the back of the stitch
K2tog	Knit 2 stitches together
Inc /kfb	Increase by knitting (or purling on a purl row) into the back and front of each stitch
M1	make one by picking up and knitting the bar before the next stitch
P	Purl
P2tog	Purl 2 stitches together
SKPO	Slip one, knit one, then pass the slipped stitch over the knitted stitch
SK2togPO	Slip one, k2tog, then pass the slipped stitch over the k2tog
St st	Stocking stitch
Yfwd	bring the yarn to the front of the work between the stitches and carry back over the needle for the next stitch

***These patterns can be made from any weight of yarn using appropriate needles eg 4mm (8) for double knit weight and 3.25mm (9) for 4 ply***

## Basic flower

*Petals (made in one piece)*

Cast on 11 stitches

Row 1: K tbl

Row 2: K

Row 3: Inc 1, k to end

Row 4: K

Row 5: K

Row 6: K

Row 7: K2tog, K to end

Row 8: K

Row 9: Cast off 9 sts, k to end

Row 10: K2, cast on 9 sts

Repeat rows 1-10 four times, then rows 1 -8 once.

Cast off

*Centre*

Cast on 2 sts

Rows 1-4: inc 1, k to end

Rows 5-7: k

Rows 8- 11: cast off 1, k to end

Cast off remaining 2 sts

*(continued on next page)*

## Knitted Flowers

### Basic flower *(continued)*

*To make up*

Join the bottom of the first and last stitches to make a circle, then run a gathering stitch around the central edge, pull up slightly to gather.

Run a gathering thread around the edge of the centre insert a small amount of stuffing (and a small button if liked). Draw up edge and close the back. Stitch the centre firmly on to the middle of the petals

***Try this variation for a spiky flower: omit rows 1-8 and make as many spikes as you like.***

### Rose

Cast on 10 stitches

Row 1: K

Row 2 and every alternate row: P

Row 3: Inc in each stitch in the row knitwise (20 stitches)

Row 5: as row 3 to end with 40 stitches

Row 7: as row 3 to end with 80 stitches

Row 8: p

Cast off

Coil around to make a rose shape and secure in place

### Leaves

Cast on 5 stitches

Row 1: K 2, kfb, K1, kfb, k2 (7sts)

Row 2 and all alternate rows: P

Row 3: K3, kfb, k1, kfb, k3 (9 sts)

Row 5: K4, kfb, k1, kfb, k4 (11 sts)

Row 7: K5, kfb, k1, kfb, k5 (13 sts)

Row 9: K

Row 11: SKPO, k to last 2 sts, k2tog

Rows 13,15,17,19: repeat row 11

Row 21: Sk2togPO

Fasten off.

***Leaves can be made larger by more increases as in rows 1-7 and then working more decreases. The same pattern can also be used to form petals***

## Knitted Flowers

### Stems

#### Simple

Cast on 20 stitches (Or more if longer stem is needed.)

Knit 3 rows

Cast off

Join long edges.

#### I cord

On double pointed needles cast on 3 sts and without turning needle knit as many rows as required.

K3 tog. (I usually use smaller needles for an I cord than I would normally

Both versions can be stiffened by running a length of garden wire up the centre of the stem (after bending or taping the wire ends).

### Daffodil

#### *Petals*

\*Cast on 2 stitches

Row: Inc 1, k to end

Repeat this row until you have 11 stitches break yarn and push down needle\*

Repeat \* to \* 4 more times – casting on to the empty needle each time but do not break the yarn on the 5<sup>th</sup> petal.

Row 1: K across all stitches (55 sts)

Rows 2 +3: K

Row 4: K2 tog to the last stitch K1 (28 sts)

Row 5: K2tog to the end (14sts)

Row 6: K2tog to the end (7sts)

Break thread and use a needle to thread through the remaining stitches, draw up tightly and secure first and last petals with a few sts.

#### *Trumpet*

Cast on 14 sts

K or st st 4 rows.

Cast off tightly. Join short sides and secure cast off edge to the petals.

Make a stem as above and stitch to the back of the flower

### Hellebore

#### *Outer flower*

Cast on 7 stitches

Rows 1-3: knit (k)

Row 4: slip 1, k 3, lift the first three stitches on the right needle over the last stitch you knitted (use the left hand needle and lift over one at a time), k to the end of the row (4 stitches)

Row 5: K the row then cast on 3 stitches at the end of the row. *(Continued on the next page)*

## Knitted Flowers

### **Hellebore** *(continued)*

#### *Outer flower*

Row 6: K

Repeat rows 1-6 four more times, then knit one row.

Cast off leaving a tail of yarn.

Thread the tail through the straight edge and pull tight.

Sew the seam.

#### *Centre flower*

Cast on 19 stitches

Work 3 rows in stocking stitch

Pass all stitches over the first stitch and fasten off.

Coil around to form a flower and attach to outer flower.

Add a bead or French knot to the centre flower to complete the middle.

### **Five Petal flower**

This is made in the same way as the daffodil petals but why not use stocking stitch instead of garter stitch?

You could also try using a different colour for the centre after knitting across the 5 points.

### **Round petal flower**

Cast on 6 stitches.

Row 1: Inc in first st, K to end

Row 2: Inc in first st, P to end

Row 3: Inc in first st, K to end

Row 4: Inc in first st, P to end

Row 5: Inc in first st, K to end (11 sts)

Work 3 rows in stocking stitch.

Cut yarn but leave petal on the needle.

Make 4 more petals in the same way casting each on

to the needle with the petals. Do not break the yarn on the last petal

Knit across all five petals (55 sts)

Next row: k

Next row: k2tog to last stitch k1(28sts)

Next row: knit

Next row: k2tog to end of row (14sts)

Next row: k2tog to end of row (7 sts)

Break yarn and thread through the remaining stitches, draw up tightly, and join seam to first petal.

Sew seam and sew in any loose ends.